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Study on Home Isolated Patient of Covid - 19

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ABSTRACT: Coronaviridae, one of the families of viruses which are known to cause diseases in mammals and birds ranging from the common cold to Severe Acute Respiratory Syndrome. Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. This study aims to determine the effectiveness of homeopathic medicine towards coronavirus treatment. This was a clinical study by qualitative method. Similia similibus curentur, or "like cures like" was the main instrument for drug selection based on totality of symptoms. Homeopathic medicine for Covid 19 treatment is one of the alternative method. Hence, it is better to include the homeopathic treatment system in each hospital to take prevention, control and treatment against Covid 19.

KEYWORDS: Coronavirus, Pandemic, Homeopathic medicine,

I. INTRODUCTION

Coronaviruses are single-stranded RNA viruses, about 120 nanometers in diameter. They are susceptible to mutation and recombination and are therefore highly diverse. There are about 40 different varieties (see Appendix 1) and they mainly infect human and non-human mammals and birds. They reside in bats and wild birds, and can spread to other animals and hence to humans. The virus that causes COVID-19 is thought to have originated in bats and then spread to snakes and pangolins and hence to humans, perhaps by contamination of meat from wild animals, as sold in China's meat markets.

Novel Coronavirus (COVID-19) is the most recent one in the world Firstly; it was detected in Wuhan city of China in December, 2019 and became pandemic in the short span of time. Since the pandemic of COVID-19 is alarming the globe, the number of infected cases around the world is increasing day by day[1].

History of human corona virus started in 1965 with the first coronavirus B814. It was discovered by Tyrell and Byoe. It was detected in the trachea of the respiratory tract in an adult who was suffering from common cold[2]. Since then different forms of corona virus exist in this earth. Recently, the world is under the epidemic of new type of coronavirus (COVID-19) which is believed to be worldwide through its origination in Wuhan, China. Till now it has reached to across the globe. It is also a virus that is transmitted through contact with an infected person[2]. This contact can be through respiratory droplets or salivary droplets during the coughing or sneezing of the infected person[3]. It has led to high mobility and mortality rate in China, Europe, United States and most of the other countries in the world[4]. It has led to unprecedented health crises throughout the world. Many people are dying because of disease and hunger in the world due to corona virus. So on March 11, 2020 the world health organization (WHO) declared COVID-19 as a global pandemic. COVID 19 is caused by a novel corona virus which is also known as severe acute respiratory syndrome coronavirus (SARS-COV-2) [5, 6]. Although the large numbers of individuals infected with COVID-19 globally, it is bitter fact that there is no medicine invented by now. Homeopathy is a kind of medical science which treat the patient according to symptoms of similarity but not a disease. Homeopathic medicine is prepared by drug dinamization process based on homeopathic pharmacy & pharmacopeia. Homeopathic pharmacy & pharmacopeia is doctrine by

homeopathic philosophy and Materia Medica. All of the potentized homeopathic medicine prepared by drug proving and having curative power. Being a curative power in homeopathic medicine it can be cure the patients based on totality and majority of symptoms. Whereas, Similimum is an essential for permanent cure [7]. Therefore the aim of this study is to hit upon the COVID 19 corona vurus pandemic situation for prevention control and treatment by homeopathic medicine.

DESCRIPTION OF RECOMMENDED REMEDY

Aconitum Napellus: Monkshood: Ranunculaceae

Great fear and anxiety of mind, with great nervous excitability: afraid to go out, to go in to a crowd where there is any excitement or many people: to cross the street. The countenance is expressive of fear; the life is rendered miserable by fear; is sure his disease will prove fatal; predicts the day he will die. Restless, anxious, dose every things in great haste; must change position often; everything startles him. Pains; are intolerable, they drive him crazy; he becomes very restless; at night. This mental anxiety, worry, fear accompanies the most trivial ailment.

Skin dry and hot; face red or pale and red alternately; burning thirst for large quantities of cold water; intense nervous restlessness, tossing about in agony; become intolerable towards evening and on going to sleep. < Evening and night, pains are insupportable; in a warm room; when rising from bed; lying on affected side (Hep., Nux. m.). > In open air(Alum., Mag. C., Puls.,Sab.) [8].

Arsenicum Album: White Oxide of Arnica: As₂O₂

Great Prostration, with rapid sinking of the vital forces; fainting. The greater the suffering the greater the abguish, restlessness and fear of death. Mentally restless, but physically too weak to move; cannot rest in any places; changing places continually; wants to be moves from one bed to another, and lies now here, now there. Anxious fear of death; thinks it useless to take medicine, is incurable, is surely going to die; dread of death, when alone, or, going to bed. Burning pains; the affected parts burn like fire, as if hot coals were applied to parts (Anthr.). > by heat, hot drinks, hot applications. Great thirst for cold water; drinks often, but little at a time; eats seldom, but much. Diarrhea, after eating or drinking; stool scanty, dark-colored, offensive, and whether small or large, followed by great prostration. < After midnight (1 to 2 a.m. or p.m.); from cold; cold drinks or food; when lying on affected side or with the head low. > from heat in general > by cold bathing; burning pain> by heat[8].

Bryonia Alba: White Bryony, Wild Hop: Cucurbitaceae

It is best adapted to persons of a gouty or rheumatic diathesis; prone to so-called bilious attacks. Pains: stitching, tearing, worse at night; < by motion, inspiration, coughing ;>by absolute rest, and lying on painful side (ptel, Puls-stitching pain, but < and > are opposite, Kali c). . Excessive dryness of mucus membranes of entire body; lips and tongue dry, parched, cracked; stool, dry as if burnt; cough, dry, hard, racking, with scanty expectoration; urine, dark and scanty; great thirst. One of the chief characteristics of bryonia is aggravation from any motion, and corresponding relief from absolute rest, either mental or physical. Great thirst for large quantities at long intervals. < motion, exertion, touch; cannot sit up, gets faints or sick to both; warmth, warm fold; suppressed discharges of any kind. > Lying, especially on painful side; pressure; rest; cold; eating; cold things [8].

Gelsimium: Yellow Jasmine: Loganiaceae

For children, young people, especially, women of a nervous hysterical temperament. Complete relaxtion and prostration of whole muscular system, with entire motor paralysis. Excitable, irritable, sensitive; for the nervous affections of onanists of both sex. Fear of death (Ars.); utter lack of courage. Weakness and trembling; of tongue, hand, legs; of the entire body. Desire to be quite, to be let alone; does not wish to speak or have any one near her, even if the person be silent (Ign.). Vertigo, spreading from the occiput (Sil.); with diplopia, dim vision, loss of sight; seems intoxicated when trying to move. Headache: preceded by blindness (Kali bi.), > by profuse urination.

Chill without thirst, especially along the spine, running up and down the back in rapid, wave-like succession from sacrum to occiput .> Damp weather; before a thunderstorm; mental emotion or excitement; bad news; to bacco smoking; when thinking of his ailment; when spoken to of his loss [8].



Nus Vomika: Poison Nut: Loganiaceae

"Nux is chiefly successful with persons of an ardent character; of an irritable, impatient temperament, disposed to anger, spite or deception" Anxiety with irritability and inclination to commit suicide, but is afraid to die. Oversensitive: to external impressions; to noise, orders, light or music (Nux m.); trifling ailments are unbearable (Cham.); every harmless word offends (Ign.). Pains are tingling, sticking, hard, aching, worse from motion and contact. Tendency to faint (Nux m., Sulph.); from orders; in morning; after eating, after every labour pain. Catarrh: snuffles of infants (Am. c., Samb.); coryza, dry at night, fluent by day: < in warm room, > in cold air; from sitting in cold place, on stone steps. Frequent desire for stool: anxious, ineffectual, > for a time after stool; in morning after rising; after mental exertion (inactive, no desire, Bry., Op., Sulph.). Alternet constipation and diarrhea (Sulph., Ver.), in persons who have taken purgatives all their lives. Repugnance to cold or to cold air; chilly, on least movement; from being uncovered; must be covered in every stage of fever- chill, heat or sweat. Fever: great heat, whole body burning hot (Acon.), face red and hot (Bell.), yet patient cannot move or uncover without being chilly. < morning; waking at 4 A.M.; mental exertion, dry weather: in cold air.> In evening, while at rest; lying down, and in damp wet weather (caust.) [8].

II. MATERIALS AND METHODS

Covid 19 patients of home isolation has been taken for this study the patient was visited by homeopathic physician every days during the study period. Total symptoms were taken by physician, and noted daily. The medicine were selected based by totality of symptoms given by the patients. The main principal of the selection was made by the principal of homeopathic medical sciences. similia similibus curentur, or "like cures like". whereas, mental and peculiar symptoms were in priority than other. Selected medicine was prescribed to patient and noted the symptoms every day. Treatment of patients started according to symptoms of similarity and the study was done till to recovery.

III. LIMITATION OF THE STUDY

This study has the inclusion of a persons of home isolated having Covid 19 problem. Alternative Homeopathic medicine was prescribed based on symptoms of similarity. In this study, one patients may not fully be accepted in general but it is hoped to be an extra study on homeopathic treatment.

IV. RESULT

This study explains the home isolated cases from 7 – 11 – 2020 to 03 – 16 – 2020, based on the homeopathic treatment. The treatment outcome was presented as below.

CT Value 16.3 Dated 6 November 2020					
S.N.	Dated	Temperature Symptoms	Medicine	Dose	Remarks
1	07 – 11 - 2020	Throat pain	Arsenic album 30	TDS	
2		Throat pain, fever, headache	Arsenic album 30		
3	08 – 11 – 2020	Headache, bodyache , dryness of mouth Eye pain, perspiration, ameliorated by fan and open air	Bryonia Alba 30	TDS	
4	09 – 11 - 2020	Dryness of mouth	Bryonia30	TDS	
5	10 – 11 - 2020	Diarrhoea	Nux Vomica	TDS	
6	11 – 11 - 2020	Frontal headache, cough	Aconite 30	TDS	Improved



7	12 – 11 2020	Normal Chest Pain	Bryonia 30	TDS	
8	13– 11- 2020	Normal Chest Pain	Bryonia 30	TDS	Improved
9	14-11-2020	Normal Chest Pain	Bryonia 30		
10	15-11-2020	Uneasy on chest	Bryonia 30		
11	16-11-2020	Uneasy on chest	Bryonia 30		Improved
12	17-11-2020	Normal	NA		
13	18-11-2020	Normal	NA		
14	19-11- 2020	Normal			PCR -ve

V. DISCUSSION

Homeopathy is a medical science developed by Dr. Samuel Hahnemann (1755-1843), a German physician. Unani is a system of Complementary medicine. Homeopathy is a branch of medicine originated in Germany, it is basically based on the law of similar. Homeopathy is the second most widely used form of medicine in health care in the world today and it is used from over 200 years. Homeopathy do not have any chemical action, so they are safe.

Ministry of AYUSH, India, in its latest guidelines, issued an advisory to states across the country recommending the use of a traditional homeopathic drug, Arsenic album 30 as a form of preventive medicine against COVID-19. Its prophylactic use has been advised in states like Karnataka, Tamil Nadu, Kerala and Maharashtra and in some places, it has been used in high-risk areas. In places like Bhopal, claims were raised when doctors said that mild COVID cases were successfully treated with homeopathy.

A basic belief behind homeopathy is “like cures like.” In other words, something that brings on symptoms in a healthy person can -- in a very small dose -- treat an illness with similar symptoms. This is meant to trigger the body’s natural defenses.

For example, red onion makes your eyes water. That’s why it’s used in homeopathic remedies for allergies.

In this study, Covid 19 patients of isolated in home isolation. has been taken from 7 – 11 – 2020 to 16 – 11 – 2020. During the study period a homeopath was asked number of questions about their mental, emotional, and physical health. In this study different medicine like Aconite 30, Bryonia 30, Arsenic album and Nux vomica were used based on symptoms. This study approved, homeopathic medicine can removed symptoms of coronavirus

VI. CONCLUSION

Homeopathic medicine was a best medicine for corona virus Covid 19 treatment

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