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Sustainable Hotel Business Practices

Ayush Khare, Abhishek Vaishanava

MBA Student [Hotel Management & Hospitality Management], Department of Management, NIMS School of Business Studies, NIMS University, Jaipur, India

Department of Management, NIMS School of Business Studies, NIMS University, Jaipur, India

ABSTRACT: As global tourist arrival numbers continue increasing, demand and supply trends in regard to sustainable business practices are shifting. Individual travellers, organisations and banking consortia are changing perceptions about requirements for the future and the responsibilities that hotels carry regarding that future. Hotel owners and operators must adapt to these changes in order to satisfy demand and remain attractive to investors as well as operationally feasible and profitable. This paper is a surface examination of the benefits, especially economic, of sustainable business practices and sustainability trends in demand and supply.

KEYWORDS: Hotels, Sustainability, Responsible Business Practices, Profitability.

I. INTRODUCTION

The hospitality industry is gradually becoming the single greatest example of why running a sustainable business will be crucial for long-term success. Defined at the 1992 UN Conference on Environment and Development in Rio de Janeiro as 'meeting the needs of the present without compromising the ability of future generations to meet their own needs', sustainability is increasingly becoming one of the most relevant issues to hoteliers in the 21st century as costs continue to rise, demand becomes increasingly sensitive and the pressure on being economically, socially and environmentally responsible grows. Hotels are not destinations as such. On the contrary, tourists stay at a hotel because it is proximate to what they wish to experience and it satisfies their lodging and personal requirements. Hoteliers are therefore accountable for responsible business practices because their continued existence is reliant on their environment. Hoteliers are coming to understand that only by preserving what is around them, in essence what is the reason for and source of their profit, can they truly preserve their business.

II. BENEFITS OF SUSTAINABLE HOTEL PRACTICES

1. Cost Savings:

- a. **Energy Efficiency**: By using energy-saving technologies (like LED lights or solar panels), hotels can lower their utility bills over time.
- b. Water Conservation: Installing water-saving fixtures and reducing water waste can cut water costs significantly.
- c. **Waste Reduction**: Recycling and reducing food waste can help hotels save money on disposal fees and reduce waste management costs.

2. Attracting More Guests:

- a. **Eco-conscious Travelers**: Many guests prefer staying in hotels that are environmentally friendly. Sustainable practices can help attract this growing group of environmentally conscious customers.
- b. **Positive Reputation**: Hotels that focus on sustainability often build a stronger brand image, which can lead to more word-of-mouth referrals and repeat customers.

3. Compliance and Risk Management:

- a. **Meeting Regulations**: In many places, there are increasing regulations about energy use, waste, and environmental impact. Sustainable practices help hotels stay compliant with laws and avoid fines.
- b. **Risk Reduction**: By reducing energy consumption and waste, hotels can be better prepared for future environmental challenges, like energy shortages or stricter regulations.

4. Improved Employee Satisfaction:

a. **Pride in Sustainability**: Employees often feel more proud and motivated working for a company that cares about the environment, leading to higher morale and better performance.





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b. **Healthier Work Environment**: Sustainable practices, like using non-toxic cleaning products and improving air quality, contribute to a healthier environment for hotel staff.

5. Long-Term Profitability:

a. Sustainability as a Selling Point: As more travelers seek out green and sustainable options, hotels that prioritize sustainability can differentiate themselves from competitors, leading to higher demand and long-term profitability.

III. MOTIVATING FACTORS FOR SUSTAINABLE HOTEL PRACTICES

1. Environmental Responsibility:

a. Hotels often adopt sustainable practices because they feel a moral responsibility to reduce their environmental impact. This includes minimizing waste, saving energy, and using eco-friendly materials to protect the planet for future generations.

2. Guest Demand:

- a. **Growing Awareness**: As more people become aware of environmental issues, guests are increasingly seeking out sustainable hotels. Hotels are motivated to meet this demand in order to stay competitive.
- b. **Eco-Tourism Trends**: With the rise of eco-tourism, travelers are more likely to choose accommodations that align with their values of sustainability and environmental preservation.

3. Cost Efficiency:

- a. **Operational Savings**: The potential to lower costs through energy-saving initiatives (like using renewable energy or more efficient appliances) is a major motivator for hotels.
- b. **Waste Reduction**: Minimizing waste and finding ways to repurpose materials can cut costs and boost profitability.

4. Branding and Reputation:

- a. **Positive Public Image**: Being seen as a sustainable hotel can improve a brand's image, which can lead to increased bookings, customer loyalty, and better reviews.
- b. **Differentiation**: Hotels are motivated to stand out in a competitive market by offering sustainable practices, which appeal to a growing demographic of eco-conscious travelers.

5. Regulatory Pressure and Compliance:

- a. **Government Regulations**: Increasingly, governments are introducing environmental laws and regulations that require businesses, including hotels, to adopt sustainable practices. These regulations can include energy-use limits, waste disposal rules, and emissions targets.
- b. **Incentives and Funding**: Some governments and organizations offer incentives, grants, or tax breaks for businesses that implement sustainable practices, motivating hotels to make these changes.

IV. CURRENT DEMAND FOR SUSTAINABLE BUSINESS PRACTICES CUSTOMER EXPECTATIONS

- 1. **Cost Efficiency**: Sustainable practices often lead to long-term savings. For example, energy-efficient appliances and water-saving fixtures reduce utility costs while contributing to environmental goals.
- 2. **Brand Reputation**: Hotels that embrace sustainability improve their public image and attract socially conscious customers. Certifications like LEED or Green Key can serve as a competitive advantage.
- 3. **Corporate Responsibility**: Companies in the hospitality sector are increasingly integrating sustainability into their corporate responsibility strategies, recognizing it as essential to long-term success.
- 4. **Demand for Local and Ethical Sourcing**: Guests prefer hotels that support local communities by sourcing food, materials, and services ethically and sustainably.

Micro demand

Examples of Micro Demand in Sustainable Hotel Business Practices:

1. Eco-conscious Travelers:

a. Some guests choose hotels based on their environmental efforts, such as energy-saving measures, waste reduction, or eco-friendly products. For example, they might prefer a hotel that uses organic toiletries, offers a recycling program, or has energy-efficient lighting.





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2. Locally Sourced Food Preferences:

a. A growing number of guests are demanding food that's locally sourced, organic, and sustainably produced. Hotels may respond by offering farm-to-table dining options or sourcing food from nearby, environmentally responsible suppliers.

3. Minimal Plastic Usage:

a. There's a micro demand from guests who avoid hotels that use plastic straws, plastic bottles, and other disposable plastic items. In response, hotels may adopt more sustainable alternatives, such as using glass bottles or paper straws.

4. Personalized Sustainability Services:

a. There's a small but growing demand for customizable eco-friendly options. For example, some guests may prefer hotels that allow them to adjust room temperature to save energy, or choose linens that are washed less frequently, reducing water consumption.

5. Sustainable Spa and Wellness Services:

a. Guests interested in wellness might request spa treatments that use natural, cruelty-free products or energy-efficient facilities. Hotels catering to this micro demand may focus on offering eco-friendly spa options.

6. Electric Vehicle Charging Stations:

a. As electric vehicles (EVs) become more popular, some guests seek hotels that provide charging stations. This is a form of micro demand where hotels install EV chargers to cater to eco-conscious travelers who prefer to drive electric.

Why Micro Demand Matters for Hotels:

- **Targeted Marketing**: By understanding micro demand, hotels can tailor their services and marketing to attract specific types of eco-conscious customers, creating a loyal and niche customer base.
- Competitive Advantage: Hotels that respond to micro demand for sustainability often differentiate themselves from competitors and gain a reputation for being "green," which can help attract guests who care deeply about environmental issues.
- **Higher Satisfaction and Loyalty**: Meeting these specific eco-friendly needs can lead to higher guest satisfaction. Guests who see their sustainable preferences being met are more likely to return and recommend the hotel to others
- Community Impact: Micro demand also often involves supporting local businesses and reducing environmental harm. Responding to such needs not only helps hotels improve their reputation but also supports the local economy and sustainability efforts in the surrounding area.

V. CURRENT HOTEL SUPPLY AND SUSTAINABLE BUSINESS PRACTICES

In the hotel industry, "Hotel Supply" refers to the total number of hotels and accommodations available in a particular area. This includes everything from luxury resorts to budget hotels and everything in between. Sustainable business practices are the strategies and actions that hotels take to reduce their environmental impact, promote social responsibility, and operate in a way that is environmentally friendly and economically viable.

How Hotels Are Responding to the Demand for Sustainability:

1. Energy Efficiency:

- Many hotels today are adopting energy-saving technologies like LED lighting, motion sensors, and energy-efficient HVAC systems (heating, ventilation, and air conditioning). This reduces their energy consumption and helps lower their carbon footprint.
- Some hotels use **solar panels** or **geothermal energy** to power parts of their operations, further reducing dependence on fossil fuels.

2. Water Conservation:

- To reduce water waste, hotels are installing **low-flow faucets**, **toilets**, and **showers**. They might also encourage guests to reuse towels or linens to avoid unnecessary laundry.
- Rainwater harvesting is becoming more common, where hotels collect rainwater to use for irrigation or other non-potable needs.





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3. Waste Reduction and Recycling:

- Hotels are working to minimize waste by setting up recycling programs and reducing single-use plastics (e.g., replacing plastic bottles with glass or reusable options).
- Many hotels donate leftover food to local charities or use food waste in composting to reduce landfill
 contributions.

4. Sustainable Sourcing of Products:

- More hotels are sourcing **local and organic food** for their kitchens to minimize food miles (the distance food travels from farm to plate). This also supports local farmers and producers.
- **Eco-friendly products**, such as biodegradable toiletries, organic cotton sheets, and natural cleaning products, are becoming the norm in sustainable hotels.

5. Green Certifications and Eco-Labels:

- Hotels can earn **green certifications** (like **Green Key** or **LEED**) for adopting eco-friendly practices. These certifications serve as proof of a hotel's commitment to sustainability and attract guests who prioritize environmentally responsible travel.
- Many hotels display these certifications on their websites or in their lobbies to attract eco-conscious travelers.

6. Eco-Friendly Construction and Design:

- New hotel buildings are being designed with sustainability in mind, using eco-friendly materials, efficient insulation, and designs that reduce energy and water consumption.
- Some hotels go further by implementing green roofs, solar panels, or even living walls (walls covered with plants) to help with energy efficiency and contribute to the local environment.

VI. REZIDOR'S RADISSON SAS

1. Responsible Business Program:

Radisson's **Responsible Business** program is a key part of their sustainability efforts. It focuses on three main areas:

- Environment: Reducing energy consumption, water use, and waste.
- Social Responsibility: Supporting local communities and creating a positive impact on society.
- Ethical Business: Ensuring fairness and transparency in all their operations.

2. Energy and Water Efficiency:

- Energy Conservation: Radisson hotels have adopted energy-efficient technologies, like LED lighting and smart systems to control heating and cooling. This reduces energy consumption, which helps to lower both operational costs and their carbon footprint.
- Water Saving: They use water-saving fixtures (such as low-flow showers and toilets) and encourage guests to reuse towels and linens to minimize water use.

3. Waste Reduction and Recycling:

- Radisson focuses on **reducing waste** by implementing recycling programs in their hotels. For example, they ensure that paper, plastic, and glass are separated for recycling rather than being sent to landfills.
- Food Waste Management: They also work to minimize food waste by improving portion control and finding ways to repurpose leftover food or donate it to local charities.

4. Sustainable Sourcing:

- Radisson has committed to sourcing food and beverages that are locally produced and sustainably grown. This
 helps reduce the environmental impact associated with transporting goods long distances, and supports local
 farmers and communities.
- They also use **sustainable and eco-friendly products** for cleaning and guest amenities (like toiletries made from natural ingredients).





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5. Green Certifications:

Many Radisson hotels have earned green certifications like Green Key and EarthCheck, which are proof of their
efforts to implement eco-friendly and sustainable practices. These certifications help Radisson attract ecoconscious travelers and give guests confidence that the hotel is committed to sustainability.

6. Community Engagement and Social Responsibility:

- Radisson hotels are also involved in local **community development**. For example, they support local charities and social programs that help improve the lives of people in the communities where they operate.
- **Employee Engagement**: Radisson ensures that its staff are trained in sustainability practices, so they can help maintain the hotel's eco-friendly initiatives and encourage guests to take part in them too.

VII. CONCLUSION

Several corporate hoteliers have taken the first steps towards sustainable business practices. There is a growing understanding that these steps are crucial to ensure long-term business prospects and profitability. Current indicators also suggest that consumer and regulator demands are changing the business landscape for hoteliers, pushing them towards responsibility and implementation of sustainable business practices. The economic, social and environmental benefits of correct implementation are established. To the hotelier, the most relevant of these are the economic. The financial implications of sustainable business practices are very tangible, as costs are reduced, profits rise, asset value increases and long-term success is ensured. In addition, the source of profitability, the environment, is also preserved; these are results that any knowledgable hotelier would covet. It is therefore surprising that not more hotel owners and operators, especially corporate ones, are considering sustainability to be central to their business or incorporating it more deeply into their operating philosophies. What has been done so far in the hotel industry, especially by global companies, is a start. But it must be understood that deeper changes are required in the long term. The independent hotels, resorts and eco-lodges around the world that exist only for the sake of sustainability are taking the issue more seriously. This needs to be done globally, and the latent demand for responsible business practices is the first sign that it is beginning.

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